



Community Resources



This is a list of local support services in areas surrounding Bristol. The following agencies provide support services to children, parents, and families for a variety of needs.

Agencies

Bristol Youth Services

(860) 314-4690

51 High Street Bristol

- Individual & Family counseling
- Banana Splits-support group for children affected by divorce, separation, & loss
- Outreach work
- Referral services
- Holiday Gift Program
- Group Counseling for children with parents who are incarcerated.

Bristol Hospital Exchange Club

(860) 585-3481

9 Prospect Street Bristol

- Parent and Child Center
- P.A.R.K. (Parents Alone Raising Kids) Education and Support
- Treasure Chest-Supply closet for Families in need of baby items: diapers, clothes, formula, soaps, car seats, cribs
- P.A.C.E. (Parent and Community Efforts)

Wheeler Clinic

(860) 793-3500 (main number)

91 Northwest Drive Plainville, CT

Bristol Office

(860) 585-4300 (walk-ins welcome)

225 North Main St. Bristol

Walk ins only: M-Th 10am - 5:30pm; F 9am - 3:30pm

- Marriage/Family Counseling, Individual & Group counseling
- Children's outpatient mental health services
- Children's Extended Day (CED) -structured after-school intensive program for children 6-11 years old.
- Adolescent Extended Day (plainville)- structured after-school intensive program for children 12-18 years old.
- Individualized Family Services Team- home based network of resources for children at risk for out of home placement.
- Diagnostic Assessment and Referral Team evaluations (DART)
- *Emergency Mobile Psychiatric Services* - will come out to home or school for children with behavior/psychiatric illnesses 211 or 1-866-261-0893
- **Child First Program** - **860-348-2217** - in-home and wrap around services for children ages birth to 6 years.
- Positive Parenting Program (PPP) - in-home parenting support
- Circle of Security - parenting program for birth to 8 in group setting.

The Center for Emotional Healing

(860)-351-7445

40 East Street, Plainville CT 06062

<https://www.c4eh.org/>

- Common treatment areas include- Anxiety, stress, depression, ADHD, mood disorders, trauma, family conflict, relational problems, attachment, children's behavioral concerns, parenting, communication repairs, self esteem, obsessive compulsive disorder and addiction/substance abuse
- Covered by most Aetna, Anthem BCBS, Cigna and Husky plans.
- Request an appointment <https://www.therapyportal.com/p/center4kf/>

The Cove Center for Grieving Children

(203) 634-0500

250 Pomeroy Ave. Ste. 107

(800) 750-COVE (2683)

Meriden, CT 06450

- Specializes in helping children and adolescents who are grieving the death of a significant person in their lives
- Child-focused, family support groups
- Children ages 4-18
- Child, teen and parent groups are available
- All meetings are FREE of charge

FOCUS: Alternative Learning Center, Inc.

(860) 693-8809

126 Dowd Ave.

(P.O. Box 452)

Canton, Ct. 06019

Autism Spectrum

- Incorporates personal learning styles, critical life skills, coping strategies, promoting study skills, self-motivation, and self-esteem
- Milieu Therapy
- Group Therapy
- Family Therapy
- Sensory Integration

The Talcott Center for Child Development

(860)-674-1824

304 Main Street Suite A

Farmington, CT 06032

- Offering occupational therapy, physical therapy and speech therapy services, a comprehensive autism program, Applied Behavior Analysis (ABA), social skills groups, summer camp, feeding therapy
- works with a vast population ranging in age from birth to 21 years
- working with a wide range of diagnoses, including Autism, Sensory Processing Disorder and developmental delays
- In addition to individual services and group programming, we offer parent education, consultation, evaluations and outside referrals as needed.

The Family Therapy Center **(860) 314-1236**
38 Kelly St.
Bristol, CT

- Individual and family counseling
- The Cove - support group for children who have experienced the death of a loved one

Community Counseling of Central CT Inc. **(860) 582-7904**
53 Muir Ave.
Bristol, CT
(Dr. Warren Corson III, PhD, LPC, NCC, ACS)

- Individual and family counseling
- Sliding fee scale, Husky insurance

Family Services of Central CT **(860) 223-9291**
92 Vine Street
New Britain, CT
Terryville office **(860) 589-6333**

- Marriage/Family Counseling (no individual children/adolescent therapy)
- Sliding fee scale

Life Source Inc. **(860) 628-8474**
790 South Main Street
Plantsville, CT 06479

- Individual & Family counseling;
- Parent workshops

New England Clinical Assoc. **(860) 561-3980**
The Central, Suite 209
970 Farmington Ave.
West Hartford, CT

The Counseling Center **(860) 583-5858**
440-C North Main St
Bristol, CT

- Family therapy services (no individual children/adolescent therapy)
- Substance abuse groups

Therapeutic Services for Children & Families **(860) 586-8530**
Abador Associates, LLC New Britain
Counselor- Marcia Brubeck

Advanced Therapy Associates **(860) 583-5055**
Federal Street Bristol
Recommended clinician- Joan Day

Anxiety Treatment Center**(860)-269-7813**

66 Forest Park Drive

Farmington, CT

Children, adolescents adults, many children ages 7-11

- No insurance - \$75 counselor, \$140 psychologist
- Will work with family
- Clinical work focuses on the treatment of children, adolescents, and adults with anxiety disorders, including generalized anxiety disorder, phobias, obsessive-compulsive disorder, and panic disorder.
- Treatment of mood disorders and childhood behavior problems

BEACON Behavioral Services, LLC**(860) 676-9350**

40 Dale Road

Avon, CT

- Offices in Avon, Bloomfield and Glastonbury
- Various social workers, psychiatrists, and doctors on site
- Offer child, adolescent, and therapy, couple/family therapy, psychiatric care, support groups, substance abuse counseling, and divorce services

Fight For Families (FFF)**(860) 836-0324**

P.O. Box 1811

Bristol, Ct. 06010

Web Site: www.fight4families.vpweb.com

- Information and Referral
- Advocacy
- Consultation
- 3rd Party Drop Off
- Supervised Visitation in the community and home

Families in Crisis**(860) 236-3593**

Headquarters: 30 Arbor Street

Hartford, CT

- family counseling and support programs, court outreach, individual, group and family counseling services, parent education
- programs for children with parents in prison and transportation to visit offenders
- domestic violence offender services
- mom, mentor & me program for children who have a mother in prison (call Carah Sepanski at 203-573-8656)
- offices in Waterbury, Bridgeport, and New Haven

Bristol Boys and Girls Club**(860) 583-4734**

Main Club (West Street)

(860) 583-4734

Cambridge Park Unit (Davis Drive)

(860) 314-1074

South End Unit (Lake Ave.)

(860) 314-1715

Bristol Community Services**(860) 584-6260**

111 North Main Street
Bristol, CT

- Short Term Case Management
- Medicare and Medicaid Counseling Including Medicare Part D
- Application Assistance
- Limited Transportation Assistance

Bristol Community Organization (BCO)**(860) 582-2725**

55 South Street
Bristol, CT

- Support for grandparents
- Budgeting classes
- Energy assistance
- Transportation

Institute of Living**(860) 673-2411**

200 Retreat Ave.
Hartford, CT

- Counseling for children, adolescents, adults, families
- Evaluations

Community Mental Health Affiliates (CMHA)**(860) 223-2778**

26 Russel St.
New Britain, CT

- Child Guidance Clinic- an intensive, structured after-school program that provides comprehensive psychiatric and psychosocial assessment, group, family and individual therapy in-home family therapy as indicated, medication management, behavior modification and life skills training and therapeutic recreation.
 - Bilingual staff- Spanish, Polish, German, and French
 - Foster care support
 - Behavior problems, Hyperactivity/ADHD, Anxiety, Depression, sexual trauma;
 - Parent education and training
 - Children support groups-
- Emergency After Hours 1-888-785-5554*

Today's Youth, LLC**(860) 740-6108**

www.tyllic.org

- Clinicians offer behavioral support and consultation
- In home support

Catholic Family Services

440C North Main Street
Bristol, CT

(860) 589-8662

90 Franklin Square

(860) 225-3561

New Britain, CT 06051

- Services for children and families
- Spanish speaking therapists on staff
- Sliding fee scale

Central Behavioral Health Center

41 Old Turnpike Road
Southington, CT 06489

(860) 276-9295

- Child and Family counseling services for adolescents only
- Psychiatric evaluations / Medication management

Klingberg Family Centers

370 Linwood Street
New Britain, CT 06052

(860) 243-4416

- Family, Individual & Crisis Counseling
- Reunification,
- Respite care & specialized foster care
- Extended Day Program
- Medication management
- Predominantly works with State insurance plans
- Positive Parenting Program (PPP) - in-home support

Advanced Solutions Therapy Center

1138 W Main St
Waterbury, CT 06708

(203) 755-0707

Family Intervention Center

1875 Thomaston Ave, Ste 3
Waterbury, CT 06704

(203) 753-2153

Thomaston Counseling Associates

258 S Main St
Thomaston, CT 06787

(860) 283-8224

Wellpath Behavioral Health for Children & Families

Multiple Locations in Waterbury & Naugatuck

(203) 574-9000

Family Service of Greater Waterbury

34 Murray St
Waterbury, CT 06710

(203) 756-8317

Second Location:

16 Hillside Avenue
Naugatuck, CT 06770

(203) 720-5060

- Outpatient Counseling
- Parenting Education Program
- Focus on K.I.D.S. Program

New Britain Sexual Assault Crisis Service

(860) 225-4681

- 24-hour hotline with trained counselors
- Short-term support & counseling for survivors of sexual assault & their loved ones
- Accompaniment for survivors through emergency & medical services
- Support group for survivors
- Bilingual & multi-cultural counseling

Center for Holistic Practices & Psychotherapy

(860) 276-5843

963 Queen St
Southington, CT

- Adolescent psychotherapy
- Family therapy
- Integrative counseling- holistic and traditional combined
- Specialized groups- grief, codependency recovery, meditation
- Workshops and trainings

Care for Kids

<http://www.ctcare4kids.com>

- Provides funds for child care for eligible families

DCF-Department of Children & Families

(860) 832-5200

- Hotline for reporting suspected abuse or neglect
- Voluntary services for counseling, parent aides, in-home support, etc.

Autism Families CONNECTicut

(860) 474-3444

PO Box 370162,
West Hartford, Ct

PRIVATE THERAPISTS

Diana Lucci, LPC
22 Pine St
Ste 205
Bristol, CT 06010

860-463-3593

Norm Richey, CISW, MSW
Dorey Gatter, CISW, MSW
61 Bradley Street
Bristol, CT

(860) 589-2411

- Backgrounds in substance abuse and working with children

Friedman, Wynberg & Connolly,
Offices of Kevin J. Connolly, Ph.D.
6 Northwestern Drive
Bloomfield, CT 06109

(860) 242-3702

- Holds office hours in Bristol once a week

Jill Hanson, LMFT
111 Main Street
Collinsville, CT 06013

(860) 352-8055

Gregory Banks, MA, LPC, NCC
318 Main Street
Farmington, CT

(860) 841-6574

- individual, couples, and child & family counseling
- substance abuse and trauma recovery

Jeanne Klineman, CISW, MSW
Doris LaPlant, CISW, MSW
Farmington, CT 06032

(860) 676-8375

Jennifer Smith
Locations in Unionville, Bristol &
West Hartford, CT

860-838-4735

860 205-0332

- Marriage and Family Counseling
- Individual Counseling for children
-

Karen Pakula, CISW, MSW
Unionville, CT

(860) 675-7224

- Holds office hours in Bristol once a week

Jason Sevas, LMFT
60 Waterbury Rd. Suite 2A
Prospect, Ct. 06112

(203) 758-4958

Jan. 2022

Karen Gresham, LMFT, LLC (860) 347-3466
770 Saybrook Rd. Building B
Middletown, Ct. 06457

Rebecca G Calabrese, LCSW (203) 753-9743
51 Lakeside Boulevard East
Waterbury, CT, 06708

Melissa Glaser, LPC (203) 318-4749
12 Woodside Ave
Middlebury, Ct. 06762

Alfred Joyell, PhD (203) 753-8336
Waterbury Counseling Affiliate
1078 W Main St
Waterbury, CT 06708

Melinda Lazarus, LCSW, MSW (203) 709-6200
100 Jefferson Sq
Waterbury, CT 06706

Seth Segall, PhD (203) 758-2867
850 Straits Turnpike Suite 204
Middlebury, CT, 06762

Joyce Day 860-288-5400
55 Whiting Street, Suit 1A
Plainville, CT

PSYCHIATRISTS/ DOCTORS/PEDIATRICIANS

UCONN Health Center/Psychiatrics (860) 679-6700
Farmington, CT

Dr. Dean Hokanson, (860) 561-6177
666 Farmington Ave.
West Hartford, CT

- Creative energies in working with children

Steven Shmurak, Ph.D (860) 584-1951
1019 Farmington Ave.
Bristol, CT

- Individual- Older adolescents and adults counseling

Dr. Paul Horton Meriden, CT	<u>(203) 235-2505</u>
Dr. Lynn Mangini St. Francis Hospital Hartford, CT	<u>(860) 286-4615</u>
Eric Mayville (specializes in autism spectrum) CT Center for Child Development, Inc. -	<u>203-876-5917</u>
Dr. Erik Daniel 1007 Farmington Ave. West Hartford, CT	<u>(860) 249-9625</u>
Dr. Adele Martel 68 South Main St West Hartford, CT	<u>(860) 561-6182</u>
Dr. Ken Robson West Hartford, CT	<u>(860) 586-8854</u>
Dr. Richard Nilson 316 Main Street Farmington, CT 06032 <ul style="list-style-type: none">• Consulting Psychiatrist to Wheeler Clinic, familiar with adolescent issues	<u>(860) 676-9227 (not working)</u>
Dr. Richard Miller 500 Blue Hills Ave. Hartford, CT <ul style="list-style-type: none">• Consulting Psychiatrist to Wheeler Clinic, familiar with adolescent issues	<u>(860) 286-4949</u>
Dr. Carmona West Hartford, CT	<u>(860) 233-8725</u>
Dr. Bhargava Waterbury, CT	<u>(203) 755-3279</u>
Bristol Pediatric Associates Doctors- Brownstein, Know, Ward & Urbanati 160 Wolcott Street Bristol, CT 06010	<u>(860) 589-8872</u>
Pediatric Associates Doctors-Clark, Loomis, Schiff, Pandit, and Holland 43 Enterprise Drive Bristol, CT	<u>(860) 589-5230</u>

Wheeler Clinic Health and Wellness Center
10 North Main Street
Bristol, CT

860-584-6555

- Pediatric practice connected to Wheeler Mental Health Services

INPATIENT OR PARTIAL HOSPITAL TREATMENT
SUBSTANCE ABUSE AND/OR PSYCHIATRIC

Mount Sinai Hospital
Adolescent & Alcohol Abuse Service
500 Blue Hills Ave.
Hartford, CT

(860) 286-4950

The Children's Home
50 Hicksville Road
Cromwell, CT

(860) 635-6010

HOUSING SERVICES

Bristol Emergency Shelter
17 Jacob Street
Bristol, CT

(860) 589-0702

Bristol Housing Authority
164 Jerome Ave
Bristol, CT

(860) 582-6313

USDA Rural Development

(860) 688-7725 (ext. 4)

- Subsidized mortgage payments for families struggling with divorce, unemployment, & other situations

Section 8 Vouchers

(860) 582-6313

- Subsidized housing within the Bristol community. Davis Drive and Quaker Lane Housing Authority

Eviction Protection Services

(860) 584-2725

- Funds for people under negative conditions. May assist with a security deposit

St. Vincent DePaul Shelter

(860) 589-0702

- Family and individual shelter and transitional housing

FOOD & CLOTHING

WIC

(860) 583-4651

- Provides services for mothers during pregnancy and children birth to 5 years of age. Provides information on breastfeeding nutrition. Provides formula, vegetables, milk, cereal, beans, tuna, and peanut butter

- Salvation Army** (860) 583-4651
 - Food pantry, clothing vouchers, furniture vouchers, and free bread and vegetables weekly. Daily meals served.**St. Joseph's Church** (860) 583-1369
 - Food pantry and meals**Gifts of Love** (860) 676-2323
 35 East Main Street
 Avon, CT
 - Children & Youth, Crisis Support, Emergency & Safety, Homeless & Housing, Hunger**Christian Fellowship Center** (860) 582-9486
 - Food pantry and meals**Zion Lutheran Church** (860) 589-7744
 - Food pantry and meals**BCO** (860) 584-2725
 - Food stamp applications. Food and diapers**Food Stamps for Legal Immigrants** (860) 951-2212

Summer Food for Children (860) 951-2212
 - Free breakfast and lunch during the summer**Parent & Child Center** (860) 582-8588
 - Formula, food, and diapers

LEGAL SERVICES & FAMILY DIVISION COURTS

- Legal Assistance** (860) 541-5000
 - Service free to those who qualify**CT Women's Education & Legal Fund** 800-479-2949
 - services and material free to those who qualify**Children's Law Center** 888-529-3667
 - Legal representation in the Hartford and New Britain courts**Bristol Probate Court** (860) 584-6230
 - Family matters, guardianship, etc.**New Britain Family Services** (860) 515- 5115
 - Family affairs

DOMESTIC VIOLENCE & ASSAULT

- Sexual Assault Crisis Services** (860) 225-4681
 - Hotline and referrals (888) 568-8332 (Spanish)
(800) 842-9710 TTY**Prudence Crandall Center** (860) 583-6272
 - Crisis intervention with domestic and sexual abuse. Support groups**Safe Haven** 203-753-3613
888-774-2900
 - Crisis intervention for sexual and domestic abuse. Hotline, support groups, materials**CT Coalition Against Domestic Violence** 888-774-2900

REFERRAL INFORMATION & RESOURCE AGENCIES

(SERC) State Education Resource Center

25 Industrial Park Road
Middletown, CT 06457

(860) 632-1458

- Parent information and resources center
- Training opportunities
- Informative website- www.ctserc.org
- Accommodation for families
- Library

Infoline

211

- Information hotline for agencies and programs throughout CT, Childcare facilities

CT Clearinghouse

800-232-4424

- Library and resources for parents and agencies. Materials and curriculums available

Creative Parenting

(860) 827-8285

- Parenting classes and materials

BCO

(860) 584-2725

- Budgeting classes, energy assistance, etc.

Big Y Homework Line

800-866-2449

- FREE-Helps with homework over the phone.

Wade's World Foundation

(860) 585-5165

- Financial assistance for the needs of children

Bristol Parks and Recreation

(860) 584-6160

- Sports and rentals

Bristol Boys and Girls Club

(860) 583-4734

- Before and after care

ADVOCATE AGENCIES

Center for Children with Special Needs

(860) 545-9230

- Services and advocacy for children with special needs

Learning Disabilities Association (LDA)

(860) 560-1711

Reach Me, Teach Me, Inc

(860) 632-1715

- Services and advocacy for parents and children affected by Autism, Asperger's Syndrome, Pervasive Developmental Disorder

North Central Area Agency on Aging

(860) 724-6443

- Services and support for grandparents raising grandchildren

Parent Advocacy

(860) 439-0710

- Information, materials, support groups

BOOKS FOR FAMILIES EXPERIENCING A DIVORCE

Dinosaurs Divorce: A Guide for Changing Families

By Laurie & Marc Brown

My Stick Family: Helping Children Cope with Divorce

By Natalie Reilly

Let's Talk About It: Divorce

By Fred Rogers

Two Homes

By Claire Masurel

Divorce Happens to the Nicest Kids

By Michael Prokop

Divorce is Not the End of the World: Zoe's and Evan's Coping Guide for Kids

By Zoe & Evan Stern

I Don't Want to Talk About It

By Jean Ransom

My Family's Changing: A First Look at Family Break Up

By Pat Thomas

On the Day His Daddy Left

Eric Adams & Kathleen Adams, LCSW

It's Not Your Fault, Koko Bear: A Read-Together Book for Parents and Young Children During Divorce

By Vicky Lansky

At Daddy's on Saturdays

By Linda Girard

BOOKS FOR ADOPTED FAMILIES

I Feel Different: A Book About Being Adopted

By Kathy Stinson

Did My First Mother Love Me?

By Kathryn Miller

Let's Talk About It: Adoption

By Fred Rogers

My New Family

By Pat Thomas

You're Not My Real Mother!

By Molly Friedrich

We Adopt You, Benjamin Koo

By Linda Walvoord Girard

Barklay and Eve Book Series

By Karen L. Carney

1-800-563-5677

www.safeplacetogrieve.com

- Activity and Coloring Book Series- Helping children understand and cope with life's inevitable challenges (Divorces, death, cancer, Hospice, funerals)